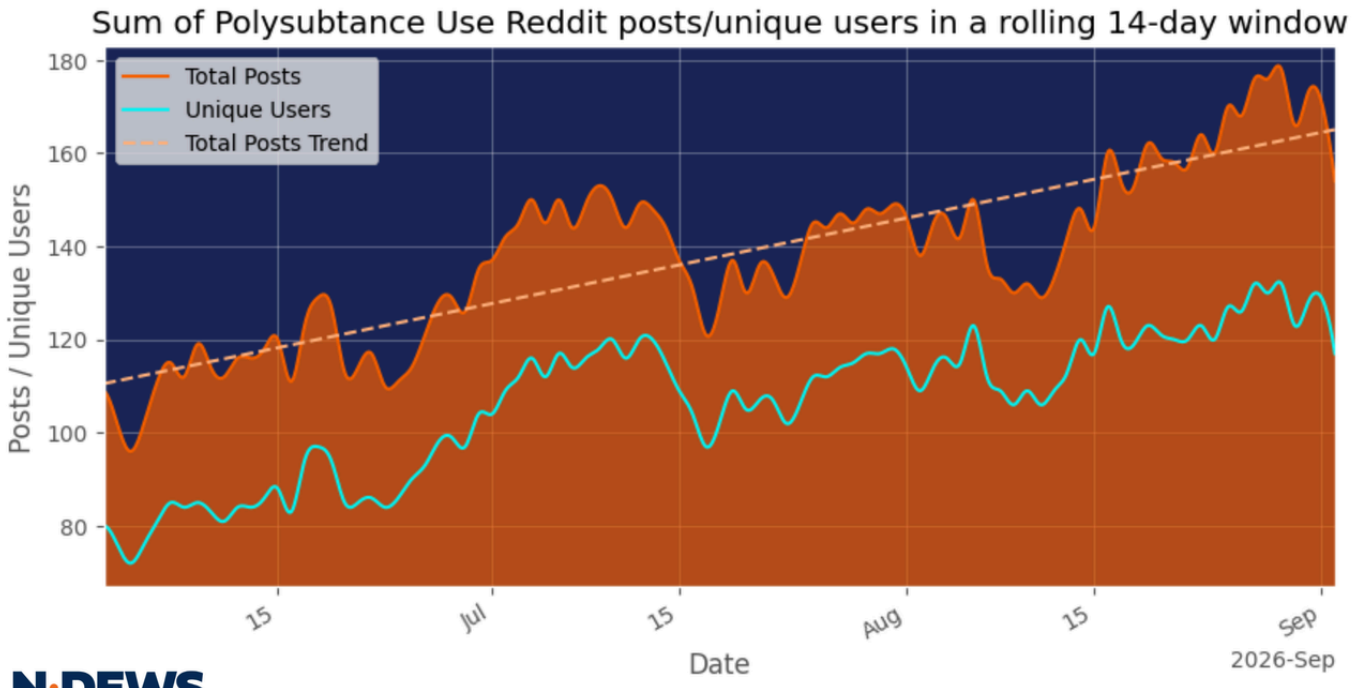
# N·DEWS | NATIONAL DRUG EARLY WARNING SYSTEM

## Alert from the NDEWS Web Monitoring Team
## Reddit mentions of Naloxone/NARCAN®

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**Why are we reporting on this?** Polysubstance use is a recurring topic across Reddit discussions, with commenters describing combinations involving opioids, stimulants, alcohol, benzodiazepines, cannabis, psychedelics, dissociatives, and other substances. Discussions highlight patterns of rotating or combining substances to alter effects, manage unwanted effects, maintain intoxication, or address tolerance, alongside concerns about dependence, interactions, and difficulty controlling use.

**What is Polysubstance Use?** Polysubstance use involves the simultaneous, concurrent or sequential use of more than one psychoactive substance. Reddit discussions include combinations spanning multiple drug classes, including opioids and stimulants, alcohol and benzodiazepines, cannabis and psychedelics, MDMA and other stimulants, and psychedelics with dissociatives or other substances.

**Public Health Impacts:** Reddit discussants describe recurring concerns associated with polysubstance use, including anxiety, nausea, confusion, memory difficulties, sleep disruption, and other cognitive effects. Multiple discussions also describe patterns of tolerance, dependence, relapse, and difficulty maintaining controlled use when substances are combined or alternated. Effects vary depending on which substances are involved.

*NDEWS is funded by the National Institute on Drug Abuse to the University of Florida (MPI: Cottler (contact), Co-Is: Goldberger, Nixon, Striley), NYU Langone Health (MPI: Palamar), and Florida Atlantic University (Co-I: Barenholtz). (2026). Alert from the NDEWS Web Monitoring Team Reddit mentions of Benzimidazol-2-one/"Orphines" (July 10, 2026). Retrieved from ndews.org.*

**How is it Being Discussed?** Reddit commenters engage in detailed discussions regarding pharmacological synergies, receptor mechanisms, and metabolic interactions across multiple drug classes, often seeking to enhance, modify, or balance psychoactive effects. A substantial focus centers on festival and recreational environments where individuals combine MDMA with other substances, prompting extensive warnings to avoid use of alcohol, cocaine, or other stimulants due to heightened risks of dehydration, elevated body temperature, and compounded cardiovascular strain. Commenters also frequently discuss complex interactions between recreational substances and prescribed psychiatric medications, specifically highlighting the adverse risks of combining monoamine oxidase inhibitors, selective serotonin reuptake inhibitors, or bupropion with entactogens. Beyond party settings, discussions detail broader polysubstance patterns where individuals cycle between or concurrently administer stimulants, opioids, benzodiazepines, and GHB modulators to mitigate anxiety, counter side effects like nausea, or substitute one agent for another. Additionally, community members frequently discuss co-administering cannabis or dissociatives such as ketamine and dextromethorphan with classic psychedelics and novel tryptamines, noting that these mixtures can amplify subjective intensity, visual distortions, and acute paranoia when multiple compounds impact overlapping physiological systems.

**Search Terms:** co use, co-use, mixed, mixing, mixture, polysubstance, poly substance, poly use, combination, combined, combine, together, stack, stacking, at the same time

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