



Alert from the NDEWS Web Monitoring Team: Online mentions of 3-MMC

What was found? 3-MMC has had a consistent upward trend since mid-April. It saw a sharp spike in early May and is currently at peak activity for 2024.

What is 3-MMC? 3-MMC, also known as Metaphedrone, is a synthetic stimulant cathinone similar in structure and effects to 4-MMC (Mephedrone). It typically comes in the form of a white powder. 3-MMC has both stimulant and euphoric effects. 3-MMC has "stronger amphetamine-like stimulant properties" when compared to 4-MMC according to at least one pharmacological study.

How is it being discussed? Commenters most frequently reported 3-MMC's use as a "party drug". 3-MMC was compared to other stimulants like cocaine and MDMA. Online discussions of 3-MMC often focus on its effects and comparisons to other stimulants. Reddit users report that 3-MMC has higher stimulant effects with less empathogenic effects as compared to 4-MMC. A unique aspect of 3-MMC discussions is the focus on its odor with both the drug, and the body odor it causes being described as unpleasant. Many Reddit users report severe negative after-effects including anxiety, depression, vomiting, and lack of sleep with commenters reporting that these after-effects are more pervasive with frequent use. Redosing before the effects have worn off is reported as a frequent issue. Commenters caution each other to take 3-MMC in small amounts and avoid 3-MMC in polysubstance use.

Drug Terms Searched: 3-MMC, Metaphedrone, 3-MC