



Alert from the NDEWS Web Monitoring Team: Online mentions of 4F-MPH

What was found? Online discussions of the drug 4F-MPH have shown a consistent upward trend in activity since late 2022.

What is 4F-MPH? 4F-MPH is a stimulant of the methylphenidate family. The chemical structure is closely related to that of Ritalin.

How is it being discussed? 4F-MPH is most often discussed in use as a nootropic (a.k.a.: "smart drug") taken once a day, although some commenters use it recreationally as a stimulant. Several commenters explicitly state having ADHD (unclear whether formally or self-diagnosed) and an inability to attain Ritalin or Adderall as their reason for starting the use of 4F-MPH.

Drug Terms: 4F-MPH, 4-FMPH, 4-Fluoromethylphenidate