



## Alert from the NDEWS Web Monitoring Team: Online mentions of Rilmazafone

**What was found?** The web monitoring team most recently reported on rilmazafone on May 17, where rilmazafone discussion was at a peak. Discussion has continued to increase since then.

**What is Rilmazafone?** Rilmazafone is a prescription drug used in Japan that acts as a prodrug to rilmazolam. It is primarily used medically for its fast-acting sedative, anxiolytic, and soporific effects. Although not a benzodiazepine itself, it has several benzodiazepine metabolites.

**How is it being discussed?** Reddit users note diverse reasons for ingesting rilmazafone. Some of the primary ones are as "landing gear" to end trips early, to enhance the effects of alcohol or opioids, to mitigate social anxiety, or as a sleep aid. Many Reddit users also note that they prefer it to other benzodiazepines, such as etizolam, due to its lesser sedative effects. Addictiveness, memory loss, and sleepiness are mentioned as negative side effects. Since the last report, there has been increased discussion on claims of rilmazafone not being detected on drug tests.

**Drug Terms Searched:** Rilmazafone, rilmazolam, rhythmy, リスミー, and 450191-S.