



## Alert from the NDEWS Web Monitoring Team: Online mentions of Rilmazafone

**What was found?** Analysis of Reddit discussions indicates that rilmazafone has seen a significant increase in activity over time, with the most pronounced spike occurring since late 2023.

**What is Rilmazafone?** Rilmazafone is a prescription drug used in Japan that acts as a prodrug to rilmazolam. It is primarily used medically for its' fast-acting sedative, anxiolytic, and soporific effects. Although not a benzodiazepine itself, it has several benzodiazepine metabolites.

**How is it being discussed?** Reddit users note diverse reasons for ingesting rilmazafone. Some of the primary ones are as "landing gear" to end trips early, to enhance the effects of alcohol or opioids, to mitigate social anxiety, or as a sleep aid. Many users also note that they prefer it to other benzodiazepines such as etizolam due to its' lesser sedative effects. Addictiveness, memory loss, and sleepiness are mentioned as negative side effects. Commenters also state that rilmazafone is sometimes sold by vendors mislabeled as other drugs like pyrazolam.

**Drug Terms Searched:** Rilmazafone, rilmazolam, rhythmy, 450191-S, リスミー