



## Alert from the NDEWS Web Monitoring Team: Online mentions of “Lemon Tekking”

**What was found?** Lemon tekking has seen consistently high activity, in addition to an upward trend on Reddit since late 2023. It has also seen some trending discussion on Twitter.

**What is Lemon Tekking?** Lemon tekking is a method that involves combining psilocybin-containing mushrooms with lemon juice. Reddit users claim that this process dephosphorylates the psilocybin to create psilocin. The practice reportedly has some secondary effects over standard methods of consuming psilocybin.

**How is it being discussed?** According to online discussion, lemon tekking can significantly alter the standard psilocybin experience. Reddit users report that the lemon juice speeds up the metabolism of the psilocybin, resulting in a faster onset of the trip and increased intensity. However, the duration of the trip is said to be shorter compared to consuming mushrooms without lemon juice. Opinions on the overall experience of lemon tekking vary, with some users preferring this method, while others warn about the potential risks of consuming higher doses when lemon tekking, as the reported increase in potency may lead to an overwhelming experience.

**Drug Terms Searched:** Lemon tek, lemon tekking