



Alert from the NDEWS Web Monitoring Team: Online mentions of 4-HO-MET

What was found? 4-HO-MET has shown consistently high activity in online drug-related subreddit discussions for the past three years. The observed mention-to-commenter ratio implies a small but very active community.

What is 4-HO-MET? 4-HO-MET, also known as metocin or colour, is a tryptamine and psychedelic. The drug is a functional analog of psilocin.

How is it being discussed? 4-HO-MET is often mentioned with other synthetic psychedelics such as other tryptamines and 2-CB. Discussion of the drug is generally positive, with many commenters perceiving the drug as being relatively safe to consume; effects are described as intense and with a short duration. Commenters warn against taking the drug unsupervised; in some cases the drug can lead to psychosis or other "trance-like" symptoms.

Drug Terms: 4-HO-MET, Metocin, Methylcybin, 4HO, Colour