



## Alert from NDEWS Web Monitoring team: Online mentions of Delta-8-THC

**What was found?** An explosive drug discussion trend surrounding Delta-8-THC has continued on Reddit throughout 2021.

**To what does Delta-8-THC refer?** Delta-8-THC is a psychoactive and intoxicating cannabinoid. It is an isomer of delta-9-THC with similar effects including euphoria; however, reportedly less potent. Delta-8-THC is prepared in edibles, tinctures, and other forms, and is currently promoted by many as a therapeutic to treat anxiety, depression, and pain. Notably, the content, purity, and delta-9-THC content of delta-8-THC products labeled as delta-8-THC vary due to lack of regulation in the drug's manufacturing.

**How is it being discussed?** Delta-8-THC is frequently discussed as an alternative to delta-9-THC. Delta-8-THC is referred to as having lower or similar potency to delta-9-THC. While drug sourcing discussion is generally banned by Subreddit moderators, information for sourcing of delta-8-THC is frequently shared on Reddit.

**Drug Terms:** Delta-8, Delta 8, Delta8, Δ8, D8, Δ8-THC, Δ-8-THC.